

Brainspotting

PHASE 1 TRAINING - Mar 2024

A Multi-Cultural and International training (ONLINE Zoom in ENGLISH)

What is Brainspotting?

Brainspotting is a brain-based therapy based on the hypothesis that specific eye positions designated as “Brainspots” activate and access specific areas of the midbrain that allow for the reprocessing and releasing of core neurophysiological reactions to trauma-related and other psychological experiences.

This deep brain access allows for rapid and effective clinical change for complex trauma, as well as infinite possibilities for expansion!

As an open and integrative model, Brainspotting can be integrated with other treatment models you are already expert in.

For more information: <https://www.nancytung.com/about-bsp-trainings.html>

Brainspotting

Voted the most effective trauma treatment by the parents and survivors of the Sandy Hook massacre after a five-year study comparing over 25 therapeutic modalities in bringing relief to the Sandy Hook survivors.

Reflections from participants

This was a great learning experience. I was able to walk away with great tools to start as a Brainspotting clinician. I look forward to more training to increase my knowledge."

~Marquita Garrett, Supervisor, Play Therapist, Clinical Assessor and Consultant

Nancy's way of fostering the concept of universality in such a culturally diverse setting provided a sense of comfort, acceptance and ease through this training.

~Marsha Mudrey, US LCSW

Nancy's Brainspotting training was one of the biggest and most impactful learning experiences for me. This will change my clinical practice and my personal life!

~ Dr. Prawate Tantipiwatanaskul, Psychiatrist and President of Satir Institute of Thailand

Trainer



Nancy Tung - BSP Trainer and Consultant who works extensively in the Pan-Pacific regions embracing multi-cultural and multi-ethnic diversity. She is the founder of Practice for Systemic Wellness where she provides direct clinical services and consultations to individuals and groups.

Date

Mar 14,15,16, 2024

4 PM - 12 AM PDT

(North America)

Mar 15,16,17, 2024

7 AM-3 PM

(Hong Kong)

Tuition

Super Early Bird:

(Before 2/15/2024)

\$745 USD

Standard:

(3/7/2024 or later)

\$845 USD

Registration

www.NancyTung.com

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