# Brainspotting

### PHASE 2 TRAINING – December 2024

Multi-Cultural International training (ONLINE Zoom in ENGLISH)

#### What is Brainspotting Phase 2?

In Brainspotting Phase 2 training, participants will learn five advanced Brainspotting set-ups to help titrate clients' level of activation for optimal processing. These precious tools will facilitate working with a wide variety of population.

- One Eye Brainspotting
- Z-Axis and Convergence
- Outside-Inside Window and Rolling Brainspotting
- Advanced Resource Model

As an open and integrative model, Brainspotting can be integrated with other treatment models you are already expert in.

For more information: <u>https://www.nancytung.com/about-bsp-trainings.html</u>

#### Brainspotting

Voted the most effective trauma treatment by the parents and survivors of the Sandy Hook massacre after a five-year study comparing over 25 therapeutic modalities in bringing relief to the Sandy Hook survivors.

#### **Reflections from participants**

This was a great learning experience. I was able to walk away with great tools to start as a Brainspotting clinician. I look forward to more training to increase my knowledge." ~Marquita Garrett, Supervisor, Play Therapist, Clinical Assessor and Consultant

Nancy's way of fostering the concept of universality in such a culturally diverse setting provided a sense of comfort, acceptance and ease through this training. ~Marsha Mudrey, US LCSW

Nancy's Brainspotting training was one of the biggest and most impactful learning experiences for me. This will change my clinical practice and my personal life! ~ Dr. Prawate Tantipiwatanaskul, Psychiatrist and President of Satir Institute of Thailand

#### Trainer



**Nancy Tung** - BSP Trainer and Consultant who works extensively in the Pan-Pacific regions embracing multi-cultural and multi-ethnic diversity. She is the founder of Practice for Systemic Wellness where she provides direct clinical services and consultations to individuals and groups.

## **Date**

Dec. 12,13,14 / 2024 3 PM - 11 PM PST (North America)

Dec. 13,14,15 / 2024 7:00 AM-3:00 PM (Hong Kong)

# **Tuition**

Super Early Bird: (Before 11/12/2024) \$745 USD

Early Bird: (Before 12/9/2024) \$795 USD

# Registration

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